

Year 3 PSHE Learning Targets

Health and Wellbeing - Ourselves, Growing and Changing	Recognise my individuality and personal qualities.
	Identify my personal strengths, skills, achievements and interests and how these contribute to a sense of self-worth.
Health and Wellbeing - Keeping Safe	Know how to predict, assess and manage risk in different situations.
	Know how to respond and react in an emergency situation; how to identify situations that may require the emergency services; know how to contact them and what to say.
	Know about the importance of keeping personal information private.
	Explain what is meant by the term 'identity'.
	Explore how they can represent themselves in different ways online.
	Identify ways in which and why they might change their identity depending on what they are doing online (e.g. using an avatar).
Relationships - Families and close positive relationships	Know that a feature of positive family life is caring relationships; about the different ways in which people care for one another.
	Recognise other shared characteristics of healthy family life, including commitment, care, spending time together; being there for each other in times of difficulty.
Relationships - Safer relationships	Recognise different types of physical contact, including what is acceptable and unacceptable.
	Know when something is unsafe or makes them feel uncomfortable.
	Know where to get advice and report concerns if worried.
	Know what is appropriate in friendships and wider relationships.
	Know how to respond safely and appropriately to adults they may encounter.
	Give examples of technology-specific forms of communication (e.g. emojis, acronyms, text speak).
	Identify some risks of communicating online with others they don't know well.
	Explain why they should be careful who they trust online and what information they can trust them with.
	Explain how my and other people's feelings can be hurt by what is said or written online.
Living in the Wider World - Media literacy and digital resilience	Explain why they can take back trust in someone or something if they feel nervous, uncomfortable or worried.
	Use key phrases in safe search engines.
	Explain what autocomplete is and how to choose the best suggestion.
	Explain how the internet can be used to sell and buy things.
Living in the Wider World - Economic wellbeing: Money	Explain the difference between a 'belief', an 'opinion' and a 'fact'.
	Know about the different ways to pay for things and the choices people have about this.
Living in the Wider World - Economic wellbeing: Aspirations, work and career	Recognise positive things about themselves and their achievements; set goals to help achieve personal outcomes.
	Know that there is a broad range of different jobs/careers that people can have; that people often have more than one career/type of job during their life.